



# CELIA CLARK

Therapist | Food & Body Specialist

e: [hello@celiaclark.online](mailto:hello@celiaclark.online) w: [www.celiaclark.online](http://www.celiaclark.online)

## QUALIFICATIONS Jan 2010 - Present (most recent first)

- IFS Level 3
- Adv Diploma in Eating Disorders, Disordered Eating & Neurodiversity
- IFS Level 2: Addictive Processes
- IFS Level 2: Deepening & Expanding
- IFS Level 1
- Certificate in Internal Family Systems
- Certificate in CBT-E for Eating Disorders
- Diploma in Clinical Hypnotherapy
- Certificate in Online and Telephone Counselling
- Eye Movement Desensitisation and Reprocessing (EMDR)
- Diploma in Practitioner Skills for Eating Disorders
- Intermediate Certificate in Family Therapy and Systemic Practice
- Certificate in Individual Supervision of Counsellor's and Psychotherapists
- Post Graduate Diploma in Person-Centred Counselling
- Introduction to Art Therapy
- Alcohol Focus Scotland Accreditation

## CONTINUED PROFESSIONAL DEVELOPMENT (most recent first)

- IFS Drawing into Self Level 1 & 2
- Deepening Skills in the IFS Model
- Integrating IFS into Supervision
- Treating Complex Trauma with IFS
- IFS for EMDR Therapists
- EMDR and Eating Disorders
- EMDR and MDD
- EMDR and EFT for C-PTSD
- Suicide and Self Harm
- Dissociation and DID
- Relational Trauma and Disorganised Attachment
- Trauma and the Body
- Understanding Autism
- Group Supervision
- Group Facilitation
- Solution Focused Interaction

## PROFESSIONAL MEMBERSHIP

As an Accredited Professional Member of the National Counselling & Psychotherapy Society (NCPS) I am committed to working to guidelines set by the NCPS and I adhere to their ethical framework.

## INSURANCE

I am fully insured to work online, here in the UK and abroad. I have a current PVG membership (Protecting Vulnerable Groups) for working with both adults and young people. This membership scheme is managed and delivered by Disclosure Scotland.